

Collaborative Education Series

On-Demand: The Pediatric ACL CME 'Enduring' Presentation

MaineGeneral YouTube

'On-Demand'- Enduring Presentation

Audience: Physicians, NP's,
and PA's

**Date: On-Demand
Enduring Presentation**

No Tuition

For Registration:

[CLICK HERE](#)

We will send you the YouTube link to the email you registered with once your registration has been processed

**Completion of the Course
Evaluation form is required
before CME certificates will
be awarded! Evaluation link is
located in the YouTube video
description.**

Please contact **Steve Tosi** with
any questions.

Steve.tosi@mainegeneral.org

Marketing and registration
also located on MGH Connect
landing page under "What's
Happening".

Program Date: August 9, 2023
Release as Enduring Date: August 16, 2023
Expiration Date: August 16, 2026

Presenters:
Rich Garini, ATC

MaineGeneral Sports Medicine

Statement of Need:

- The rate of ACL tears continues to increase especially in younger athletes beginning at age 12 for girls and 14 for boys. Athletic trainers working with younger athletes may not be up to date with current treatment options as well as the long term risks and benefits of each. This program will review the factors that contribute to pediatric ACL injuries and discuss the risks and benefits of the various treatment option. We will also revisit injury prevention program to discuss recommendations and implementation.

- Athletic trainers who participate in this program will be able to identify athletes who may be at a higher risk of suffering an ACL injury and implement an appropriate injury prevention program. Participants will also be better equipped to discuss treatment options that may be utilized by their physician as well as the long term implications of various treatment options.

Objectives:

- Identify factors that can put a young athlete at a higher risk for suffering an ACL injury.
- Explain the risks and benefits of surgical vs conservative management of pediatric ACL injuries.
- Summarize the difference in surgical techniques for ACL reconstruction of patients with open growth plates.
- Describe the long term outlook after suffering an ACL injury at an early age.
- Recognize the need for and implementation of ACL injury prevention program.



To view all our CME Enduring Programs:

SCAN



For Physicians (MD's, DO's, PA's, NP's)

Disclosure Statements:

Faculty: Rich Garini has provided a signed disclosure indicating no financial interest in any commercial interest that affect the content of this program (kept on file in the Medical Education Coordinator Office MGMC).

Credits awarded:

CME's awarded: 1.5

The MaineGeneral Medical Center designates this enduring activity for a maximum of 1.5 AMA PRA Category 1 Credit(s)™. Physicians should only claim credit commensurate with the extent of their participation in the activity. This activity has been planned and implemented in accordance with the accreditation requirements and policies of the Accreditation Council for Continuing Medical Education (ACCME) through the joint providership of MaineGeneral Medical Center and Colby College. MaineGeneral Medical Center is accredited by the ACCME and the Maine Medical Association's Committee on Continuing Medical education to provide continuing medical education (CME) for physicians.

Each physician should claim only those credits that he/she actually spent in the activity.

This activity has been planned and implemented in accordance with the Essentials and Standards of the Maine Medical Association Committee on Continuing Medical Education and Accreditation through the partnership of MaineGeneral Medical Center and Colby College Sports Medicine Department.

Cancellation and Refund policy:

It is our priority at MaineGeneral Medical Center to provide quality Continuing Education. For certain events, a fee will be collected during pre-registration or at the event. This fee will be refunded in the event that the course is cancelled or is unable to take place. As part of our policy, we recognize that unforeseen circumstances can occur. Therefore, a refund will be granted to individuals who pre-register but are unable to attend the course.

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